

## COUNTING STEPS!

We're counting steps 4 times a year!

## Count along in 2025

4 times a year we set focus on counting steps and strength the colleague community.

1. campaign: 20 January - 2 February

2. campaign: 5 May-18 May

3. campaign: 1 September-14 September4. campaign: 10 November-23 November

Counting Steps are about adding more movement, social life and fun competition into your everyday life.



